

Pregnancy Help Center serving the Lake of the Ozarks 5K Run/Walk for Life

Registration Form for 5K Run or Walk

Saturday October 1, 2022. JJ Twigs Pizza & BBQ (1815 Bagnell Dam Blvd. Lake Ozark, MO)

Run will begin promptly at 9:00 A.M. Day of Registration 7:30-8:30 A.M.

Run age categories: 12-19, 20-29, 30-39, 40-49, 50 and over, men's and women's awards

1. Registration fees. A separate registration form is required for each entrant.
5k run or walk: \$15 (1/1-3/31), \$20 (4/1-6/30), \$25 (7/1-9/30), \$30 race day.
11 and under is free, unless competing for award then same pricing applies.
2. If you are asking friends/family to sponsor you as a walker or runner see separate "Sponsor Pledge Information" form.
3. Payment can be made in the following forms: cash or check, or credit card online. Checks should be made payable to: Pregnancy Help Center.
4. Waiver, Release, and Indemnification of liability: In consideration of this entry, I the undersigned, intending to be legally bound, hereby for myself, my heirs, my executor and administrators, waive and release any and all rights and claims or damages I may have against the Pregnancy Help Center serving the Lake of the Ozarks, JJ Twigs Pizza & BBQ, and their affiliates, subsidiaries, officials and representatives, successors, volunteers, and assign for any and all injuries suffered by me in said event. I attest and verify that I am physically capable of completing the run/walk. I hereby consent to receiving medical treatment, which may be deemed advisable in event of injury, accident, or illness during the event. Further, I hereby grant full permission for the free use of my name and/or photograph or any other record of this event for any legitimate purpose.

Put X by type of participation ___ Runner ___ Walker

Signature _____ Date _____

Print Name _____

Address _____

City, State, Zip code _____

Phone # _____ Email _____

Gender: M/F Shirt Size (guaranteed if registered before 8/1/22) _____ Age & DOB _____

Please make your checks payable to:

Pregnancy Help Center
memo: 5K/Walk for Life
P.O. Box 384
Camdenton, Mo. 65020

*Please help us know how to best inform you of upcoming events: ___ Email ___ Phone ___ Social Media

How did you hear about this event? _____



www.phclozpartners.com

